

- Students will start Upper Key Stage 2 with: Understanding of how to be a good friend, including showing respect for others
- Knowledge of their rights and responsibilities, as detailed in the UNCRC, including an ability to recognise stereotyping
  - An understanding of how to stay safe, including online, & what to do in emergencies
  - Knowledge of how to live a healthy lifestyle, including a balanced diet, the importance of exercise, sleep and dental health
- Experience of meaningful YSA; environmental, community-based & enterprise

What can we do to earn money?

YSA: How can we say 'thank you' for the work that the emergency services do?

How can we prevent fire-based emergencies and keep ourselves safe? How can I keep my teeth healthy

Lower KS2 **PSHE Education** 

**Learning Journey** and what are the benefits?

How can I plan and create healthy

meals?



What does society do to manage our

money?

Money Matters s

Where does money come from and how can it be used?

How can we keep safe near water?

What is an emergency? What is first aid?

How can we show respect to others when friendships break down?

Nutrition & **Dental Health** 

How can I recognise when I am not physically well or my body is becoming unhealthy & what can I do?

Who are my five trusted people?



poor diet & how does being unhealthy affect us?

What is a

How can I stand up for myself?

Respect, falling out & making up

Emergency

situations

What makes a good friend?

Is teasing

respectful?

What can we do when we fall out with friends?

What does it feel like to be excluded?

What does a healthy friendship look like?

What is a

healthy

diet?

important?

Why is

friendship

What makes me happy and how can I help bring some happiness to others?

YSA: The **UNCRC Outright** Campaign

What rights and esponsibilities do we have in our classroom?

For 2020/2021, **Year 4** pupils will also follow the Recovery, Resilience and Reflection module

**Enrichment & careers related learning** opportunities in LKS2:

#### The OAT Advantage:

- Know how to make friends
- Know how to be kind
- Be aware of internet safety Learn about water safety
- Raise money for charity or take part in a
- fundraising event Know your legal rights and responsibilities
- To have an understanding of important current & historical figures
- I can cook a simple, healthy meal
- Understand the value of money
- Know why & how to stand up for others (prevent bullying)
- Help someone in your community
- #iwill social action opportunity

### CRL encounters from:

- Employees in computer-based industries: computer programmers, games designers, CAD design or engineering
- Employees in health-based industries: personal trainer, occupational therapist, nutritionist, doctor, dentists & hygienists
- Employees in the Law

online friends

different from

friends in the real world?

internet?

- Employees in emergency services: police, fire & water
- Employees that challenge gender stereotypes Employees in business & finance: banking,
- marketing, sales, HR

## **Human Rights**

What happens when rights are taken away?

How can I know what to say when people say things based on stereotypes?

What is the **UNCRC?** 

What is my class community?

What is my family community?

Do we all have the right to play?

RIGHT TO PLAY

**YEAR** 

# YSA: Being part of a community

What is it like

when people make assumptions about you?

my community?

How do I belong to

Boys Vs Girls

**Men Vs Women** 

What decisions are

mine to make?

How can I help people in my community?

> What do I do if I don't agree?



my likes

and

How can we

design a

community centre

that is suitable for

everyone?

### Stereotypes

Can we change traditional stereotypes?

What can I do and where can I go for help if I am worried or feel uncomfortable?

What is important to me?

Exercise

What I like

What happens to my body if I don't exercise?

dislikes? What are the signs be

ThinkUKnow: Jessie & Friends **How are** 

information?

What is my personal What advice about being safe online do pupils in Year 3 need?

Can exercise be fun, quick and free?

I might getting ill & who can I go to if I am worried?

## Safety Online

**How can Petr** Participate and Collaborative Twins Jade and Jacob help themselves and



Is too much online gaming bad for you?

Why is being active good for our minds and our bodies?

Why is it good for us to spend time outdoors?



YEAR

What is good and bad about the

How does

Isha become

an effective

learner?

Independent

other learn?

What does it mean to be resilient?

What are achievements and how and why do we celebrate them?

What are our ground rules in **PSHE lessons?** 

Recovery curriculum: Welcome Back! How can I deal with difficult Resilience and Reflection situations in my life?

> What qualities do **Resilient Riley and Creative Curtis** have that make them more



What has been your experience of lockdown and how are you feeling about returning to school?

### Students will start LKS2:

- Knowing who is special in their lives, including their friends and family Having a basic understanding of healthy choices
- With an understanding of how to stay safe
- With a foundation of CRL and financial education
- Having had an experience of YSA