

PE Vision Statement 21-23

Packmoor Ormiston Academy offers pupils the opportunity to be physical literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

Physical Education offers children in our school the opportunities to;

- Acquire and develop skills and knowledge: exploring basic skills, actions and ideas with increasing understanding; remember and repeat simple skills and actions with increasing control and coordination.
- Learn how to select and apply skills, tactics and compositional ideas: exploring how to choose and apply skills and actions in sequence and in combination; vary the way they perform skills by using simple tactics and movement phrases; apply rules and conventions for different activities.
- Take the initiative, leading activity and focusing on improving aspects of their own performance: describe what they have done; observe, describe and copy what others have done; use what they have learnt to improve the quality and control of their work.
- Develop a knowledge and understanding in health and fitness: how important it is to be active; recognising and describing how their bodies feel during different activities.
- Receive teaching which ensures that when 'evaluating and improving performance', connections are made between 'developing, selecting and applying skills, tactics and compositional ideas', and 'fitness and health'.

Physical Education lessons allow the children to;

- Undertake activities which need a different approach and way of thinking.
- Develop their ideas in a creative way.
- Set targets for themselves and compete against others, individually and as team members.
- Understand what it takes to persevere, succeed and acknowledge others' success.
- Respond to a variety of challenges in a range of physical contexts and environments.
- Become skilful and intelligent performers.
- Discover their own aptitudes and preferences for different activities.
- Make informed decisions about the importance of exercise in their lives.
- Develop positive attitudes to participation in physical activity.

SMSC in PE

Social Development-through a willingness to participate in and respond positively to artistic and sporting activities

Spiritual Development-through imagination and creativity in learning and a willingness to reflect

Moral Development- through understanding of rules, a sense of right or wrong and showing respect

Cultural Development- through an understanding and celebration of diversity and how sport is influenced by local culture.

Inclusion

Inclusion in Physical Education means that all children have access to and are given confidence in activity areas, regardless of race, gender and ability. We aim to create an environment in which all children learn to respect and value each other and each other's interests. This can be achieved by employing the following strategies:

- Mixing groups in terms of gender and ability.
- Structuring activities so all are fully involved. For instance, a team cannot score in a bench ball game until all the team has touched the ball.
- Giving all the children an opportunity to share their work. For instance, allowing time at the end of a gymnastics lesson for the whole class to perform their sequences.
- Considering the needs of children with physical or learning difficulties and taking the necessary steps (by enlisting extra help, adapting equipment or differentiating tasks) to ensure they have equal access to the curriculum.
- Considering ways in which to support ESL children. For instance, simplifying language, using other children to translate, or demonstrating rather than speaking.
- Recognising the dangers of stereotyping. For example, expecting dynamic work from boys in gymnastics and neat and controlled work from girls.
- Recognising the need to extend more able pupils and, if necessary, referring them to the subject leader and gifted and talented co-ordinator. They may then be further extended.