

Physical Education Policy 2020 - 2023

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1.1 Introduction.

This policy will set out the aims and objectives of PE and School Sport within Packmoor Ormiston Academy and how it will contribute to the physical well-being of our children. It will show how we aim to ensure coverage of the National Curriculum and its schemes of work.

1.2 Aims & School objectives 2019 (continued from 2018)

Key Aim:

To ensure **ALL** pupils leaving primary school **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport.

Key Objectives:

To develop a broader range of sports for pupil participation. Engagement of all in regular activity

To develop teacher's confidence and ability to deliver a range of physical education activities

To enable the school to actively participate in competitive intra and inter-school activities

To encourage and develop children awareness and understanding of a healthy lifestyle rise profile of sport and PE

To develop Early Years children's gross motor development, through PE and sport.

To introduce a two-week block of swimming (Y4)

1.3 Staffing and roles

The roles of the PE coordinator and the PE Lead:

- To be responsible for the planning and development of the curriculum in PE in the school.
- To co-ordinate the teaching programme throughout the school.
- To ensure progression and continuity from foundation stage through to the end of key stage 2.
- To support and assist colleagues in lesson planning and teaching methods.
- To disseminate good practice, materials and training resources and make other staff aware of relevant CPD opportunities.
- To coordinate AOTTs (Adults other than teachers) when organising events, competitions and travel arrangements.
- To report Sports Premium and expenditure
- To provide updates and annual report to the Governing Body

1.4 National Curriculum

The PE staff will ensure coverage of the relevant schemes of work, as outlined in the National Curriculum.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/239040/PRIMARY_national_curriculum_-_Physical_education.pdf

PE in Early Years

Physical development - involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food. (Extract from the Statutory Framework for Early Years Foundation Stage 2017)

1.5 Entitlement

The government recommends that schools spend a minimum of 50 – 80hrs a year delivering PE. Here at Packmoor Ormsiton Academy we aim to continue to provide 2 hours of PE a week, which is above average for Primary Schools. There will also be a range of opportunities during break times and lunch times to take part in physical activity. In addition, there will be opportunities throughout the year to attend after school sports clubs (OSHL).

1.6 Teaching & Learning

The organisation of PE in the school promotes teaching and learning. Lessons are blocked in units of work to promote greater depth of understanding, development of skills, contextual application of these skills and the ability to perform reflectively.

Children will be presented with opportunities to be creative, competitive, co-operative and to face challenges as individuals and in small groups or teams. They will learn how to think in different ways to suit the different challenges. They will be given the opportunity of demonstrating their learning, using a range of communication styles, allowing for effective assessment. This assessment will be used to inform planning and promote greater learning.

The structure of the scheme of work will promote teaching and learning as it provides both continuity and progression. This scheme of work specifies progression of skills, knowledge and understanding.

1.7 Enrichment

Throughout the calendar year there will be a number of enrichment activities through events such as: Change4Life days which focus on promoting healthy lifestyles through different physical activities; inter- and intra-school competitions ran by the School Games Organisers; leadership opportunities through PE and playground leaders; and targeted provision for Gifted and Pupil Premium children.

1.8 Health & Safety

The school follows the Health and Safety guidelines set by the BAALPE 'Safe Practice in PE' document and the guidelines of the whole school policy for Health and Safety. Risk assessments have been made for all relevant areas and activities using the LA risk assessment template.

Issues include:

- Use of equipment, apparatus and techniques in accordance with Health and Safety requirements.
- Appropriate storage of equipment and apparatus.
- Teaching pupils to understand the need for safe practice in physical activities and how to achieve this.
- Pupils wearing the correct, appropriate P.E. kit which is different to that worn in the classroom.
- Jewellery is not permitted for P.E.
- Supervision of students during OSHL.
- Involvement of AOTTs in OSHL.
- HSE annual check.

1.8 Annual Review

The PE policy will be reviewed on a yearly basis by the PE Coordinator & PE Lead.