

# PSHE Curriculum 2023-24

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>PSHE Y1</b>	New Beginnings	Feelings and Special People	Stating Safe	Healthy Me	CRL & Money Matters	YSA – All around Me
<b>PSHE Y2</b>	Growth Mindset	Different Types of Families	Healthy Bodies	Feeling Included	Healthy Minds	Caring for the Environment and Social Responsibility
<b>PSHE Y3</b>	Welcome to KS2 – Resilience and Reflection. Growth mindset characters.	Safety Online	Exercise	What I Like	Stereotypes	YSA – Being Part of a Community
<b>PSHE Y4</b>	Human Rights	Respect – falling out and making up	Respect – falling out and making up	Emergency Situations	Money Sense -NatWest	
<b>PSHE Y5</b>	Emotional & Mental Health	Bereavement and Loss	Body Image	Puberty	Changes in Friendships Be internet Legends	YSA – Life in Plastic
<b>PSHE Y6</b>	Drugs and Alcohol Education	RSE (You may want to move to later in the year)	E-safety and social media	The Police and the Law YSA – sustainable Goals Development	Enterprise Project	Power and Participation