



















Autumn / Winter 2024/2025 - Week One

Dates: 11th Nov, 2nd Dec, 13th Jan, 3rd Feb, 24th Feb, 17th Mar, 7th Apr

| WEEK ONE |  PLANET GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------|---|---|---|---|---|
| Main Meal Option 1 | Tomato, Baked Bean & Spiral Pasta Bake  | Red Tractor Pork Sausage Roll with Skin on Baked Wedges | Roast Chicken with Gravy, Stuffing & Roast Potatoes | Red Tractor Beef Pasta Bolognese & Garlic Bread  | MSC Fish Fingers & Chips |
| Vegetarian Option 2 | Cheese Toastie | Cheese & Onion Pastry Roll with Skin on Baked Wedges | Quorn Grill with Gravy, Stuffing & Roast Potatoes  | Cheese Filled Oatcakes served with Potato Wedges & Baked Beans | Crispy Vegetable Fingers & Chips |
| Vegetables | Cauliflower Sweetcorn  | British Red Tractor Garden Peas Baked Beans  | Broccoli Carrots  | Broccoli Sweetcorn  | Baked Beans British Red Tractor Garden Peas  |
| Sandwiches | Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham | | | | |
| Baked Jacket Potatoes | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  |
| Dessert | Chocolate Mousse and Orange Smiles  | Homemade Jam Buns & Custard | 'Hidden Fruit' Chocolate (Beetroot & Pear) Brownie | Fruity Strawberry Jelly & Mandarin Segments  | Vanilla & Cherry Cookie Cup & Custard |

Available Daily: Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt



Portion(s) of fruit or veg 

Source of wholegrain 

Contains plant-based proteins 

50% fruit 

Oily fish 



















Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



Autumn / Winter 2024/2025 - Week Two

Dates: 18th Nov, 9th Dec, 20th Jan, 10th Feb, 3rd Mar, 24th Mar


| WEEK TWO |  PLANET GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------|--|--|--|--|--|
| Main Meal Option 1 | Cheese & Tomato Pizza with Tomato Pasta Salad  | Red Tractor Pork Sausage with Mashed Potatoes & Gravy | Roast Gammon with Gravy, Yorkshire Pudding & Roast Potatoes | Garlic & Tomato Chicken Pasta Spirals  | MSC Fish Fingers & Chips |
| Vegetarian Option 2 | Cheese & Tomato Pizza with Tomato Pasta Salad  | Plant Based Sausage with Mashed Potatoes & Gravy | Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes  | Cheese Filled Oatcakes served with Potato Wedges & Baked Beans | Vegetable Sausage & Chips  |
| Vegetables | Baked Beans British Red Tractor Garden Peas  | Broccoli Carrots  | Cauliflower Carrots  | Sweetcorn  | Baked Beans British Red Tractor Garden Peas  |
| Sandwiches | Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham | | | | |
| Baked Jacket Potatoes | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  |
| Dessert | Apple & Sultana Crumble Bar with Custard  | Iced Carrot Cake & Orange Slices  | Chocolate Shortbread/ Pinwheels with Chocolate Sauce | Toffee Cream Tart | Chocolate Oaty Slice |

Available Daily: Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt



Portion(s) of fruit or veg 

Source of wholegrain 

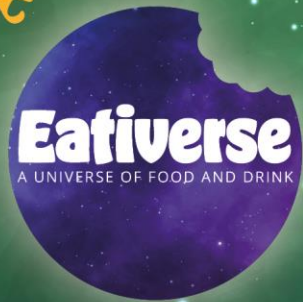
Contains plant-based proteins 

50% fruit 

Oily fish 

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



Autumn / Winter 2024/2025 - Week Three

Dates: 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 10th Mar, 31st Mar

| WEEK THREE | PLANET GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------|---|---|---|---|---|
| Main Meal Option 1 | Cheesy Pasta Spirals with Pizza Style Topping | Beef Lasagne with Garlic & Tomato Bread | Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes | Beef & Potato Pie with Skin on Potato Wedges | MSC Fish Fingers & Chips |
| Vegetarian Option 2 | Beany Shepherd's Pie | Vegetable Lasagne with Garlic & Tomato Bread | Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes | Cheese Filled Oatcakes served with Potato Wedges & Baked Beans | Cheese & Onion Pastry Roll & Chips |
| Vegetables | Cauliflower Broccoli | Sweetcorn Carrots | Cauliflower Carrots | Baked Beans Sweetcorn | Baked Beans British Red Tractor Garden Peas |
| Sandwiches | Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham | | | | |
| Baked Jacket Potatoes | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans |
| Dessert | Lemon Cupcake with Fruit Slices | Chocolate Cookie & Orange Wedges | Chocolate Crunch 'Concrete' & Chocolate Sauce or Pink Custard | Strawberry Mousse | Lemon Drizzle Cake with Custard |

Available Daily: Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt



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|----------------------------|----------------------|-------------------------------|-----------|-----------|
| Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish |
| | | | | |

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.