





Spring / Summer Menu Week 3

28th April, 19th May, 9th June, 30th June, 21st July, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov 2025

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Sweet & Sour Chicken Meatballs & Sunny Rice 	Beef Lasagne & Garlic Bread 	Roast Chicken Gravy, Stuffing & Mashed Potato	Wholemeal Margherita Pizza & Tomato Pasta Salad 	MSC Fish Fingers & Chips
Main Meal Option 2	Cheesy Tomato Pasta Bake 	Cheese Filled Oatcakes Potato Wedges & Baked Beans	Quorn Grill Gravy, Stuffing & Mashed Potato		Cheese & Onion Puff Pastry Roll & Chips
Vegetables	Selection of Daily Vegetables & Salad				
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayonnaise, Cheese or Beans 				
Dessert	Strawberry Mousse & Fruit Slices 	Chocolate Cookie & Orange Wedges ^{VG} 	Vanilla Cupcake	Chocolate Crunch 'Concrete' & Chocolate Sauce	Homemade Jam Sponge & Custard

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.