

Autumn / Winter Menu Week 1

10th Nov, 1st Dec, 19th Jan, 9th Feb, 2nd Mar, 23rd Mar

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	Beef Taco with Corn Tortilla, Tomato Sauce & Sunny Rice 	Roast Chicken, Gravy, Stuffing & Mashed Potato	Wholemeal Margherita Pizza & Home-baked Potato Wedges 	MSC Fish Fingers & Chips
Vegetarian Option 2	Cheese & Onion Pastry Roll & Home-baked Potato Wedges	Cheese Filled Oatcake Potato Wedges Baked Beans	Quorn Grill, Gravy, Stuffing & Mashed Potato 	Cheese Flan 	Vegetable Fingers & Chips ^{VG}
Vegetables	Baked Beans Sweetcorn 	Mixed Salad Broccoli 	Seasonal Greens Carrots 	British Red Tractor Garden Peas Sweetcorn 	British Red Tractor Garden Peas Baked Beans 
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
Dessert	Vanilla Shortbread ^{VG} & Chocolate Sauce	Chocolate & Pear Crumble ^{VG} & Custard 	Strawberry Jelly ^{VG}	Oaty Date Cookie 	Vanilla Ice Cream

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg		Source of wholegrain		Contains plant-based proteins		50% Fruit		Oily Fish		Vegan	VG
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England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.