

Autumn / Winter Menu Week 2

Eativerse
A UNIVERSE OF FOOD AND DRINK

17th Nov, 8th Dec, 5th Jan, 26th Jan, 9th Mar

	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausage & Mash with Gravy 	Red Tractor Beef Pasta Bolognese & Garlic Bread 	Roast Gammon, Gravy, Yorkshire Pudding & Roast Potatoes 	Wholemeal Margherita Pizza & Home-baked Potato Wedges 	MSC Battered Pollock & Chips
Vegetarian Option 2	Veg Sausage & Mash with Gravy ^{VG} 	Cheese Filled Oatcake Potato Wedges Baked Beans 	Quorn Grill Gravy, Yorkshire Pudding & Roast Potatoes 	Vegetable Chilli & Sunny Vegetable Rice ^{VG} 	Cheese Flan & Chips
Vegetables	Broccoli Sweetcorn Baked Beans 	Broccoli Cauliflower Carrots 	Seasonal Greens Carrots 	British Red Tractor Garden Peas Sliced Carrots 	British Red Tractor Garden Peas Baked Beans 
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
Dessert	Shortbread Pin Wheels & Fruit Slices ^{VG} 	Chocolate Fudge Cake	Apple Crumble ^{VG} & Custard 	Flapjack ^{VG}	Chocolate Mousse

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg		Source of wholegrain		Contains plant-based proteins		50% Fruit		Oily Fish		Vegan	VG
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England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.