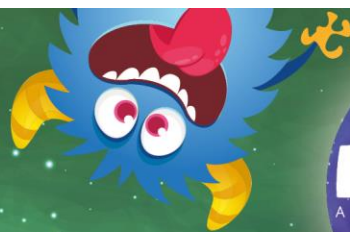


Autumn/Winter Menu - Week One

Dates: 10th Nov, 1st Dec, 19th Jan, 9th Feb, 2nd Mar, 23rd Mar



Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Red Tractor Pork Sausage Roll & Wedges	Cheese Filled Oatcake Potato Wedges Baked Beans	Roast Chicken, Gravy, Stuffing & Mashed Potato	Wholemeal Margherita Pizza & Wedges	MSC Fish Fingers & Chips
Vegetarian Option	Cheese & Onion Pastry Roll & Wedges		Quorn Grill, Gravy, Stuffing & Mashed Potato		Vegetable Fingers & Chips
Vegetables	Baked Beans Sweetcorn	Broccoli	Seasonal Greens Carrots	Garden Peas Sweetcorn	Garden Peas Baked Beans
Dessert	Vanilla Shortbread	Chocolate & Pear Crumble	Strawberry Jelly	Oaty Date Cookie	Vanilla Ice Cream

Autumn/Winter Menu - Week Two

Dates: 17th Nov, 8th Dec, 5th Jan, 26th Jan, 9th Mar

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Pork Sausage & Mash with Gravy	Cheese Filled Oatcake Potato Wedges Baked Beans	Roast Gammon, Gravy, Yorkshire Pudding & Roast Potato	Wholemeal Margherita Pizza & Wedges	MSC Battered Pollock & Chips
Vegetarian Option	Veggie Sausage & Mash with Gravy		Quorn Grill, Gravy, Yorkshire Pudding & Roast Potato		Cheese Flan & Chips
Vegetables	Broccoli Sweetcorn	Cauliflower Carrots	Seasonal Greens Carrots	Garden Peas Carrots	Garden Peas Baked Beans
Dessert	Shortbread Pin Wheel	Chocolate Fudge Cake	Apple Crumble	Flapjack	Chocolate Mousse

Autumn/Winter Menu - Week Three

Dates: 3rd Nov, 24th Nov, 15th Dec, 12th Jan, 2nd Feb, 23rd Feb, 16th Mar

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Beef Burger & Wedges	Cheese Filled Oatcake Potato Wedges Baked Beans	Roast Chicken, Gravy, Stuffing & Mashed Potato	Wholemeal Margherita Pizza & Wedges	MSC Fish Fingers & Chips
Vegetarian Option	Vegetable Burger & Wedges		Quorn Grill, Gravy, Stuffing & Mashed Potato		Vegetable Fingers & Chips
Vegetables	Sweetcorn Baked Beans	Cauliflower Carrots	Seasonal Greens Carrots	Broccoli Sweetcorn	Garden Peas Baked Beans
Dessert	Chocolate Oaty Slice	Syrup Sponge Pudding	Apple & Cinnamon Roll	Vanilla Cookie	Iced Sponge with Sprinkles

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.