



Packmoor Ormiston Academy

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12th December 2025

Dear Parent/Carer

As you may already be aware, Relationships and Sex Education (RSE), along with Health Education is part of the National Curriculum. This change began as of September 2020.

As part of our school's wider Personal, Social and Health Education programme, your child will soon receive lessons on relationships, sexual health and personal safety.

You will receive an overview of the lesson content we will be covering via dojo.

The delivery of this area of learning will commence WB 5th January 2026 as part of the PSHE programme. During the lessons, pupils will be able to ask questions, which will be answered factually and in an age-appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information. In order for all children to feel confident in asking questions, a teaching approach called the 'Ask it Basket' will be implemented, which allows children to ask questions in a confidential manner. If a child asks a question that is not age appropriate for classroom discussion, the teacher will quietly suggest to the child that they can ask their parent or carer at home.

We believe that the presentation of sexual images through social media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons. Although we encourage all children to participate in RSE lessons parents can withdraw their children from it if they wish to do so by informing the academy Principal.

Many parents and parent-related organisations support good quality RSE in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching. You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting your child's class teacher.

Many thanks for your support,

Mr P Moore