

Eativerse
A UNIVERSE OF FOOD AND DRINK

Autumn Winter - Week One

Dates: 9th Nov, 30th Nov, 4th Jan, 25th Jan, 8th Mar

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Sausage & Bean Pasta Bake	Cheese Filled Oatcake Potato Wedges	Roast Chicken Roast Potatoes Gravy	Margherita Pizza Potato Wedges	Fish Fingers Chips
Vegetarian Option	Vegetable Sausage & Bean Pasta Bake		Quorn Grill		Cheese Quiche
Vegetables	Sweetcorn	Baked Beans	Mixed Vegetables	Broccoli	Garden Peas
Dessert	Chocolate Cornflake Cake	Gingerbread Cookie	Orange Jelly	Marble Sponge	Brownie

Autumn Winter - Week Two

Dates: 16th Nov, 7th Dec, 11th Jan, 1st Feb, 22nd Feb, 15th Mar

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Pork Sausage Scrambled Egg Herby Potatoes	Cheese Filled Oatcake Potato Wedges	Roast Chicken Roast Potatoes Gravy	Margherita Pizza Potato Wedges	Fish Fingers Chips
Vegetarian Option	Vegetable Sausage		Quorn Grill		Cheese Quiche
Vegetables	Baked Beans	Baked Beans	Mixed Vegetables	Broccoli	Garden Peas
Dessert	Shortbread	Chocolate Cake	Strawberry Jelly	Lemon Drizzle Cake	Chocolate Oaty Slice

Autumn Winter - Week Three

Dates: 2nd Nov, 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 1st Mar. 22nd Mar

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Pork Sausage Mashed Potato Gravy	Cheese Filled Oatcake Potato Wedges	Roast Gammon Yorkshire Pudding Gravy	Margherita Pizza Tomato Pasta	Battered Fish Chips
Vegetarian Option	Vegetable Burger		Quorn Grill		Vegetable Fingers
Vegetables	Sweetcorn	Baked Beans	Mixed Vegetables	Carrots	Garden Peas
Dessert	Chocolate Cookie	Apple Sponge	Raspberry Jelly	Crunchy Biscuit	Iced Sponge Cake

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.