Autumn / Winter Menu Week 1

9th Nov, 30th Nov, 4th Jan, 25th Jan, 8th March, 29th March

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausage & Bean Wholewheat Pasta Bake with Garlic Bread, Sweetcorn & Broccoli	Chicken Tikka Curry, Mixed Wholegrain and White Rice with Carrots & Peas	Roast Chicken, Stuffing, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower & Gravy	Margherita Pizza with Home Baked Potato Wedges, Broccoli & Sweetcorn	Fish Fingers with Chips, Garden Peas & Baked Beans
Vegetarian Option 2	Vegetable Sausage & Bean Wholewheat Pasta Bake with Garlic Bread, Sweetcorn & Broccoli	Cheese Filled Oatcake with Home Baked Potato Wedges and Baked Beans	Quorn Grill, Stuffing, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower & Gravy	Butternut Squash & Tomato Pasta Bake with Broccoli & Sweetcorn VG	Cheese Quiche with Chips, Garden Peas & Baked Beans
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans
Dessert	Chocolatey Cornflake Crispy Cake VG	Gingerbread Cookie & Fresh Fruit Slices	Orange Jelly & Fresh Fruit Slices VG	Marble Sponge & Custard	Brownie

Available Daily: Salad, Fresh Bread, Fresh Fruit

Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.